



No cost
to you

The State of Maine Health Plan is excited to partner with Virta, an important health program for health plan members and eligible dependents—available at no additional cost. Virta is a virtual clinic that can help you sustainably lose weight, reduce medications, and reverse type 2 diabetes, with the cost covered fully by The State of Maine Health Plan.

On average, Virta members lost 18 lbs in just 10 weeks. And 87% of members were able to stop or reduce medications.*

Best,

The State of Maine & Virta

[Scan below to learn more](#)

With Virta, you'll receive benefits valued at over \$3000, including:

- On-demand support from a dedicated health coach
- Dedicated medical provider to safely reduce medications
- Personalized nutrition plan with easy, delicious recipes
- Digital weight scale that syncs with your phone to track progress
- Connected meter to monitor blood sugar and metabolic health

Join now

info.virtahealth.com/somaine-join



Virta is available to State of Maine Health Plan members and their eligible dependents ages 18+ who are active on the State of Maine Health Plan. This benefit is currently being offered to those with type 2 diabetes, and/or a BMI of 25 or greater. There are some medical conditions that would exclude patients from the Virta treatment. Start the application process now to find out if you qualify.

* McKenzie AL et al. JMIR Diabetes 2017; 2(1):e5.